

❧ BHRIGHA REBECCA L. MURPHY ❧

~ LICENSED MASSAGE THERAPIST ~ PILATES PROFESSIONAL ~
407-341-0817

WWW.BHRIGHA.COM BHRIGHARAKS@BHRIGHA.COM

L.M.T. Experience

- 2006–current** Owner, *Bhrigha's Bodyworks*, private clients
Using a combination of Barefoot Shiatsu, Thai Yoga Massage, Cranialsacral and energy work, I work with clients on organic cotton mats.
- 1994–current** Owner, *Bhrigha's Bodyworks for Pets*, Pet Massage
Referrals from Dr. DiNatale (Winter Park, 1998–2000) and my own zoo of 8–10 animals (canine and feline), incorporating deep tissue, cranial work and energy work for conditions ranging from pregnancy, newborns, liver failure, cancer, old age, arthritis, hip dysplasia, spinal infection, hyperactivity, epilepsy, etc. Experienced with feral cats as well (feeding, befriending, trap/neuter/release).
- 2000–current** Owner, *Bhrigha's Bodyworks and Bellydance/Bhrigha's Bellyworks, LLC*
Taught dance and Pilates classes, Reflexology for Dancer's Feet classes; developed and trademarked Bellates™/Pilates for Bellydancers, in studios from Ormond Beach to Orlando, Florida.
- 1995–1998** Owner, *Mystical Moon Massage*, Orlando, FL
Massage establishment in metaphysical store, utilized a fusion of cranial-sacral, deep tissue, energy work, reflexology and barefoot shiatsu on numerous clients, for conditions including: stress-related conditions, Scoliosis, TMJ, Depression, and Thoracic Outlet Syndrome.
- 1996–1998** Massage therapist, *Renaissance Resort Spa, Sea World*, directed by Sharon Baker Brown – Swedish and deep tissue in a Spa setting.
- 1995–1996** Massage Provisional License in association with Paul Pock, LMT. Studied cranial sacral work with him as well.

Pilates Experience

- 2004–current** *Bhrigha's Bodyworks*, Private clients
- 2003–2006** **Bellates™ (Pilates for Bellydancers)** Weekly classes at *Blue Lotus Center*, Orlando, FL; *Living Motion Center*, South Daytona, FL; *Body by Gwen*, Holly Hill, FL
- 2004–2005** Classical Pilates weekly classes at the *Citrus Club Spa & Fitness Center*, Orlando, FL

Education & Training

- April 2007** Traditional Thai Massage, **Universal Touch, Inc.**, Margie Meshew, LMT, CTMT (21 CEU's)
- April 2007** Thai Herbal Ball Treatment, **Universal Touch, Inc.**, Margie Meshew, LMT, CTMT (3 CEU's)
- Jan. 2007** Intermediate Mat certification, **Power Pilates®**, Lynn Wilcox, senior trainer
- Aug. 2006** Certified *Gypsy Caravan* Teacher Training Level 1 and 2 Portland, Oregon, Paulette Rees-Denis
- May 2006** Certified Teacher Training Intensive, *Mid-Eastern Dance Exchange*, Tamalyn Dallal, Miami, FL
- Nov. 2005** **Rhythmic Entrainment Intervention** Therapy Program Provider Training, REI Institute
- Feb. 2005** *An Introduction to Pilates for Massage Therapists*, IWA 12 CEU's
- Nov. 2004** Certified as **Power Pilates®** mat instructor by Cari Clark, senior trainer, Power Pilates, NYC
- 1999–2001** **Visionary Craniosacral Work** with *The Milne Institute, Inc.*, developed by Hugh Milne, D.O. Gainesville, Florida School of Massage, Completed Experiential Course (approx. 128 hours /CEU's– 4 levels)
- 2001** *Hemme Approach to Managing Low Back Pain*, Bonifay, FL (12 CEU's)
- 2001** *Osteopathic Approach to Soft Tissue Therapy*, Hemme Approach, Bonifay, FL (4 CEU's)
- 1998** **Reflexology I** with Karen Sandler, Florida College of Natural Health, Altamonte Springs, FL (14 CEU's)
- 1998** **Healing Touch I & II** with Mercedes Jordan, BA, LMT, Jordan Health Clinic, DeLand, FL (12 CEU's)
- 1996** Florida LMT (MA20757)
- 1995** **Shiatsu I**, with R. J. Isaac, The School of Complementary Medicine, Winter Park, FL (12 CEU's)
- 1995** 600 hour Diploma from *Reese Institute*, Oviedo, FL
- 1991** B.A. in Theatre Arts, *Rollins College* Winter Park, FL
- *All CEU's are current and up to date.

Member AMTA

References Available on Request